

# dean&david Allergen-OVERVIEW

valid for Germany - Luxembourg - Austria















The dean&david Allergen-Overview informs about what allergens are contained in our assortment.

Furthermore ingredients, which could be undesirable for someone, like garlic and onions are marked additionally and it's obvious if the product is vegetarian or vegan.

Not all products are available in every store.

Product information's, nutritional values and allergens from each store apply.

## The following allergenes are marked:

 <p><b>Grains containing gluten and products thereof:</b></p> <ul style="list-style-type: none"> <li>- wheat (A1)</li> <li>- rye (A2)</li> <li>- barley (A3)</li> <li>- oat (A4)</li> <li>- spelt (A5)</li> <li>- khorasan (A6)</li> <li>- hybridised strains</li> </ul>	 <p><b>Edible nuts and products thereof:</b></p> <ul style="list-style-type: none"> <li>- Almond (H1)</li> <li>- Hazelnut (H2)</li> <li>- Walnut (H3)</li> <li>- Cashew (H4)</li> <li>- Pecan nut (H5)</li> <li>- Brazil nut (H6)</li> <li>- Pistachio (H7)</li> <li>- Macadamia nut (H8)</li> </ul>
 <p><b>Crustaceans and products thereof</b></p>	 <p><b>Celery and products thereof</b></p>
 <p><b>Eggs and products thereof</b></p>	 <p><b>Mustard and products thereof</b></p>
 <p><b>Fish and products thereof</b></p>	 <p><b>Sesame and products thereof</b></p>
 <p><b>Peanuts and products thereof</b></p>	 <p><b>Lupines and products thereof</b></p>
 <p><b>Soy and products thereof</b></p>	 <p><b>Molluscs and products thereof</b></p>
 <p><b>Milk and products thereof (lactose included)</b></p>	 <p><b>Sulfur dioxide and sulphites &gt; 10 mg/kg or 10 mg/l</b></p>



### Note to possible traces:

The preceding information about allergenes refer to the used ingredients in the recipes. But because of handling with every allergene in our stores, we can not guarantee, that cross-contaminations and traces of allergens may be found in any menu item, despite of thorough cleaning between every working step.

As well we do not consider any notes from our presuppliers regarding possible traces.

 <p><b>vegetarian:</b></p> <p>no meat, no fish, but eggs and dairy goods</p>	 <p><b>vegan:</b></p> <p>no animal products, no animal fat or honey</p>
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## Allergens

													
Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites
Indication	Code						Indication	Code					

## Maybe undesirable

				
Garlic	Onion	Alcohol	Beef	Pork

## Veggie

	
vegetarian	vegan

## Salads \*without dressing + without bread

Salad	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan		
Side Salad																					✓	✓	
Big Easy Beef					!														!			✓	✓
Warm Thai Beef						!													!			✓	✓
Caesar Chicken	!	AI		!				!											!			✓	✓
Chicken Oriental								!		!	HI								!			✓	✓
Chicken Vitality			!					!														✓	✓
Avocado Superfood	!	AI																				✓	✓
Vegan Superfood	!	AI																				✓	✓
Grilled Veggie								!														✓	✓
Mango Prawn			!		!																	✓	✓
Land&Sea				!	!																	✓	✓
Surf&Turf			!			!	!												!			✓	✓
Paris								!		!	H3											✓	✓
Tandoori India	!	AI				!	!												!			✓	✓
Salmon Spring				!				!														✓	✓
Chicken-Pesto								!														✓	✓
Falafel-Tahini	!	AI																	!			✓	✓

## Dressings

Dressing	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan		
Balsamic Maple Syrup										!					!	!						✓	✓
French Herbs										!					!	!						✓	✓
Ginger-Sesame	!	AI				!													!			✓	✓
Parma-Lemon			!	!			!		!	!					!	!						✓	✓
Rocket-Dressing										!												✓	✓
Apple-Elderflower										!					!	!						✓	✓
Sweet Honey-Mustard						!				!					!	!						✓	✓
Pesto-Dressing							!								!	!						contains rennet	✓
Tahini-Lemon-Dressing	!	AI				!													!			✓	✓

## Bread

Bread	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan		
Freshly Baked Bread	!	AI, 2, 3																	!			✓	✓

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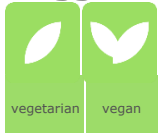
## Allergens



## Maybe undesirable



## Veggie



## Salad bar

Product	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan		
Salad mix								no allergens included													✓	✓	
Basic - Artichokes								no allergens included														✓	✓
Basic - Crunchy Onion	⚠															⚠						✓	✓
Basic - Beetroot								no allergens included														✓	✓
Basic - Croutons	⚠															⚠						✓	✓
Basic - Egg			⚠																			✓	✓
Basic - Peanuts					⚠																	✓	✓
Basic - Cucumber								no allergens included														✓	✓
Basic - Carrots								no allergens included														✓	✓
Basic - Chia Seeds								no allergens included														✓	✓
Basic - Sweet Corn								no allergens included														✓	✓
Basic - Almond Slices								⚠														✓	✓
Basic - Edamame					⚠																	✓	✓
Basic - Goji Berries								no allergens included														✓	✓
Basic - Mango								no allergens included														✓	✓
Basic - Kalamata Olives								no allergens included														✓	✓
Basic - Pepper								no allergens included														✓	✓
Basic - Red Onions								no allergens included								⚠						✓	✓
Basic - Sunflower Seeds								no allergens included														✓	✓
Basic - Tomatoes								no allergens included														✓	✓
Basic - Grapes								no allergens included														✓	✓
Basic - Walnuts								⚠														✓	✓
Extra - Avocado								no allergens included														✓	✓
Extra - Bulgur	⚠															⚠						✓	✓
Extra - Prawn			⚠												⚠								contains rennet
Extra - Gran Biraghi (ital. hard cheese)								⚠														✓	✓
Extra - Grilled Vegetables								no allergens included								⚠							
Extra - Chicken Breast Stripes								no allergens included															
Extra - Mozzarella Cheese								⚠														✓	
Extra - Beef Stripes								no allergens included											⚠				
Extra - Salmon (Norwegian)				⚠																			
Extra - Sheep's Cheese								⚠														✓	
Extra - Sweet Potato								no allergens included														✓	✓
Extra - Tandoori Chicken	⚠														⚠								
Extra - Goat's Cheese								⚠														✓	







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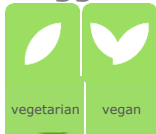
## Allergens



## Maybe undesirable



## Veggie



### To Go - products\_sweet

Product	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan
Bircher Muesli	⚠️							⚠️												✓	✓
Acai-Granola Bowl	⚠️							⚠️												✓	✓
Chia pudding with berries						⚠️														✓	✓
Chia pudding with mango						⚠️														✓	✓
Coconut rice pudding with mango								⚠️												✓	✓
Fruit salad								no allergens included		⚠️										✓	✓

### To Go - products\_piquant

Product	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan	
Penne-spinach-sheep's cheese	⚠️							⚠️												⚠️	✓	✓
Vegan Bulgur	⚠️							⚠️												⚠️	✓	✓

### Juices

Product	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan
ACE								no allergens included												✓	✓
Botox								no allergens included												✓	✓
Classic								no allergens included												✓	✓
Chia Crush								no allergens included												✓	✓
Refresher								no allergens included												✓	✓
Spring Break								no allergens included												✓	✓

### Cold Pressed Juices

Product	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan	
Activate								no allergens included												✓	✓	
Refresh								no allergens included												✓	✓	
Green Guru																				⚠️	✓	✓

### Shots

Product	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan
Ginger Shot								no allergens included												✓	✓
Beat Shot								no allergens included												✓	✓

### Smoothies

Product	Gluten	Crustaceans	Egg	Fish	Peanuts	Soy	Milk	Edible nuts	Celery	Mustard	Sesame	Lupines	Molluscs	Sulfites	Garlic	Onion	Alcohol	Beef	Pork	vegetarian	vegan
Sunrise								no allergens included												✓	✓
Supersonic								no allergens included												✓	✓
Mango Chia Booster								⚠️												✓	✓
Superfood Granola	⚠️							⚠️												⚠️	HI,2,4
Super Green Matcha								no allergens included												✓	✓
Green Machine								no allergens included												✓	✓